

Communities in Control Study

FEEDBACK

Thank you for your involvement in the research.

We would like to discuss some emerging findings from Phase 2 of the research and also discuss how the research might continue in future.

Having more control where we live is likely to be good for health and wellbeing.

Partnerships may not directly set out to improve health, but developing the power to take action and influence others, together, to improve access to resources and opportunities is important for keeping people well and reducing ill-health.

Examples of action: connecting residents and supporting people to be involved in community life; improving parks, buildings; supporting people into employment and more.

We are unlikely to see big health changes now, but our research has helped capture early impacts.

We have done this through interviewing people, observing meetings, a 2-stage resident survey in 15 Big Local areas. We have also worked with Local Trust to review plans and ask survey questions in 150 Big Local areas.

Emerging Phase 2 Findings



1 CHANGES IN SENSE OF CONTROL, AND HEALTH AND WELLBEING

- In general, residents reported positive perceptions of area
- More people indicated their sense of control, health, wellbeing stayed the same or had improved than had got worse
- For people reporting more positive wellbeing this was associated with improved community control, area satisfaction, people from different backgrounds getting along, sense of belonging

SOURCE

Survey of Big Local residents in 15 areas

2

WAYS RESIDENT ACTION COULD IMPROVE HEALTH



Through changes to built, physical environment:

Possible direct links to health (e.g. changed behaviours, physical activity) and also indirect (e.g. reduced environmental hazards, sense of community control)



Through changes to social relationships between residents

e.g. actions linked to young people, festivals, hubs

SOURCE

Observations, interviews in 15 areas

3

THE ROLE OF AREA IMAGE, REPUTATION



Residents considered this a major issue in some Big Local areas but not in others



Media analysis in 2 Big Local areas:

- stories (1/3 articles) focused on crime, anti-social behaviour

- + coverage (1/4 articles) linked with community actions (incl. Big local), fundraising, local actions



Partnerships are taking action via proactive publicity, showcasing, aesthetic work, instilling pride (and just 'doing' Big Local)

SOURCE

Review of local plans, survey, media analysis

NEXT STEPS



We want to hear your thoughts, reflections, feedback



We have Phase 3 funding to track longer term changes to community health (2018, similar approach)



We are finalising our report and would like to share further findings, developing these into useful learning materials, workshops, events